

# Emergency Shower Use Procedure

1. Do not panic.
2. Shout out for help to allow co-workers to assist you.
3. Get to the Emergency Shower and pull the handle.
4. Begin removing all articles of clothing and jewelry.
5. Rinse with copious amounts of water for a minimum of 15 minutes.
6. Co-workers, assist. The victim may faint, go into shock, or may not wish to stay under the shower due to water coldness or fatigue.
7. Someone should contact emergency medical personnel at 9-911.
8. Seek immediate medical attention.

Please note: The emergency shower is only for first aid. It is not medical treatment for chemical exposures. Make certain that you seek proper medical attention. It is important to inform the physician what you were exposed to.